

# The Community Education Series

## Summer 2010

Are you concerned about a loved one's substance use?

Are you a parent of a youth who is using?

Are you misusing substances or experiencing problem gambling?

Do you need more information on substance use/misuse?

**The six sessions of the Addiction Education Series are free and each session is open to all members of the general public as well as all helping professionals.**



1	<b>The Development of Substance Dependence</b> <i>Understanding problematic substance use</i>	June 23
2	<b>Chemicals and the Body</b> <i>How body systems are affected by alcohol and other drugs</i>	June 30
3	<b>The Recovery Process</b> <i>What is treatment? Relapse Prevention?</i>	July 7
4	<b>The Family Context</b> <i>Family dynamics where addiction is present</i>	July 14
5	<b>Helping Others</b> <i>What you can do if your child, or a partner, or a friend, has problematic substance use</i>	July 21
6	<b>Drugs in Our Society</b> <i>A public health approach to illegal drugs</i>	July 28

**Wednesday Evening**  
**5:30pm to 7:30pm**  
***Just Show Up!***

**For More Information**  
Please Contact:  
info@richmondaddictions.ca  
604-270-9220

**We are located at**  
**200-7900 Alderbridge**  
**Way, Richmond, BC**  
**(Next to Galloway's)**